



WHAT TO PACK FOR CAMP

Getting your child ready for summer camp can be a stressful time for all involved, so here is a helpful checklist of camp essentials to pack as your child goes off to day camp or sleep away camp.

Day Camp Essentials

- Bathing Suit
- Beach Towel
- Sunscreen
- Sneakers
- Flip Flops
- Sweatshirt
- Water Bottle
- A Hat
- Sunglasses
- Change of Clothing
- Packed Lunch
- Bug Spray

Sleep-Away Essentials

- Bed Linens
- Clothes for a Week
- Sneakers
- Books
- Bug Spray
- Sunscreen
- Water Bottle
- Sunglasses
- Flip Flops
- Medications
- Bath Time Essentials
- A Keepsake from Home

HUDSON VALLEY
Parent

Check with you camp for specific needs prior to packing